

DIALOGUE FOR GROWTH

Transform your relationships and liberate the potential of everyone you meet – with the quality of your conversations.  
A radical, hands-on learning experience for people who want to interact with the world in new ways.

**Activities**

1. Complete all activities within each week phase
2. Commitment of 5 hours in total over two weeks
3. Delivered via MS Teams/air

4 Jan. 2024 until 15 Feb. 2024

Phase 1 Weeks 1 & 2	Phase 2 Weeks 3 & 4	Phase 3 Weeks 5 & 6	Phase 4 Weeks 7 & 8
<b>Orientation</b>	<b>The art of enquiry</b>	<b>Extreme listening</b>	<b>Speak your truth</b>
<ul style="list-style-type: none"> <li>The view from the top</li> <li>How this will work</li> <li>Defining dialogue</li> <li>Getting to know you</li> <li>Self-assessment and goals</li> </ul>	<ul style="list-style-type: none"> <li>Conditions for dialogue</li> <li>An open mind</li> <li>Ask versus tell</li> <li>Powerful questions</li> <li>Handling bias</li> </ul>	<ul style="list-style-type: none"> <li>How to listen deeply</li> <li>The listening project</li> <li>Dialogue in action</li> <li>Beliefs about self and others</li> <li>Coaching practice</li> </ul>	<ul style="list-style-type: none"> <li>Speaking your truth</li> <li>Assertiveness</li> <li>Reflection in action</li> <li>Spotlight feedback</li> <li>Action planning</li> </ul>
<p> <b>Live class</b></p> <p>4 Jan. 2024</p>	<p> <b>Circle meeting</b></p> <p>16 Jan. 2024</p>	<p> <b>Circle meeting</b></p> <p>30 Jan. 2024</p>	<p> <b>Circle meeting</b></p> <p>13 Feb. 2024</p>
<p> <b>Circle meeting</b></p> <p>09 Jan. 2024</p>	<p> <b>Live class</b></p> <p>18 Jan. 2024</p>	<p> <b>Live class</b></p> <p>1 Feb. 2024</p>	<p> <b>Live class</b></p> <p>22 Feb. 2024</p>

**Live class**

Facilitator-led, hands-on practical skill session  
**120 mins**

**Circle meeting**

Self-led sessions in groups of 8 to explore toolkits  
**60 mins**

**Inspiration**

Resources for knowledge (video, audio, articles, case studies)

**Action**

Activities to generate real-time change in personal and team behaviour